

# **Sun Prairie, WI Little League 2009 Safety Program**

**District 4, I.D. # 1490414**

**The purpose of the Sun Prairie Little League's Safety Program is to promote a healthy, safe and enjoyable environment for every player and spectator visiting a facility operated by the Sun Prairie Little League Board. It has also been adopted in an effort to reduce the risk of liability to the Sun Prairie Little League Board.**

## **Topics of Interest & Desired Actions**

**Little League International Volunteer Application** – An official Little League International Volunteer Application must be completed and approved prior to each season by all coaches, concession stand workers and grounds staff. Mandatory background checks will be conducted on all volunteers.

**Coaching Fundamentals Seminars** – The Sun Prairie Little League Board will sponsor Coaching Fundamentals training prior to each season. One (1) coach from every team must attend Coaching Fundamentals training each year. Recertification is required every three (3) years. The Wisconsin District 4 Little League Council will also sponsor this training prior to each season.

**First Aid Seminars** – The Sun Prairie Little League Board will sponsor First Aid training prior to each playing season. One (1) coach from every team must attend Coaching Fundamentals training each year. Recertification is required every three (3) years. The Wisconsin District 4 Little League Council will also sponsor this training prior to each season.

**Sun Prairie Little League Board Emergency Contact List** – A select list of Sun Prairie Little League Board Members and corresponding telephone numbers will be available in the Concession Stand and Maintenance Garage for emergencies. League coaches will also receive this list.

**Safety Director** – The Sun Prairie Little League Board will appoint a Safety Director for each season. Little League International will receive notification of the appointment. The Safety Director will be responsible for implementation of the Sun Prairie Little League Board's Safety Program, as well as compliance with all Little League International directives.

**Cell Phones** – At least one (1) coach of every team must have a cell phone with her/him during practices and games.

**“911” Emergencies** – Dial “911” when emergency medical or law enforcement services are needed.

**Emergency Contact Lists** – An updated emergency contact list must be maintained and kept by the coaching staff during practices and games. That list must include the names of two parents or guardians, along with two telephone numbers for each.

The emergency contact list must also list the special medical conditions/needs of each player and any known environmental, food or medical allergies that they may have. Written permission, granted by two parents or guardians, to administer prescribed medication to a player should also be kept with the coaching staff at all times.

**Injuries** – All injuries must receive prompt, proper medical attention. As stated above, only certified First Aid providers can administer medical services to an injured player or coach. Remember to dial “911” when emergency medical or law enforcement services are needed. Emergency medical services must be contacted in the event of a serious or life-threatening injury. Injured players or coaches must be transported to a hospital or clinic by their coach(es) or parents/legal guardians. Parents/Legal Guardians of players requiring emergency medical care should be notified as soon as possible. A Little League International-approved Accident Report must be filled out as soon as possible. A copy of this form is to be furnished to the Safety Director within forty-eight (48) hours of the incident.

**Pharmaceuticals/Medications** – Players requiring medication of any kind should self-administer their prescription or have it administered by their parents or guardians. Coaches must not furnish any medication to a player, including aspirin or anti-inflammatories, unless prior written permission has been received from two parents or guardians. A copy of the “release” should be given to the Safety Director. Suntan lotions and insect repellents can be offered to players, but they cannot be required to use such products.

**Blood Borne Pathogens** – Protective gloves must be worn when treating an injury that has resulted in exposure to any bodily fluid. Eye and face protection, a disposable gown, and shoe covers may be necessary to treat an injury of this kind. All First Aid kits should contain blood borne pathogen treatment supplies and disposal bags. Waste products resulting from this type of an injury must be stored in a red, hazardous waste disposal bag. Do not place blood-soaked towels, gauze, etc. in unspecified garbage containers on the grounds. Contact the Safety Director for proper disposal of the hazardous waste bag(s).

**Hydration** – Every softball/baseball team participating in league and tournament play should have a large (at least three [3] gallons), insulated water container, as well as disposable paper or plastic cups.

**Heat Exhaustion/Heat Stroke** – Players complaining of headaches, dizziness, nausea or cramps should be closely monitored for heat exhaustion or heat stroke during the warm, humid summer months. Proper hydration and ice water towels are very helpful in reducing the symptoms of these illnesses.

**First Aid Kits** - A well-stocked first aid kit will be easily accessible in the concession stand and the maintenance garage. Please see the accompanying list for the mandatory supplies for the First Aid kits.

Eight (8) Sun Prairie Little League Board-approved first aid kits will be available for coaches before each practice or game in the maintenance garage. The Safety Director will inspect all first aid kits before each season commences and randomly during the playing season.

**Lightning/Inclement Weather** – The appearance of lightning necessitates the immediate postponement of all action on the field(s). Players and spectators should proceed to their cars or take appropriate cover away from trees, fences and power lines.

A tornado warning that has been issued locally by the National Weather Service will result in the immediate cessation of play. Players and spectators should seek appropriate cover at once. The concession stand, maintenance garage and restrooms can be used for emergency shelters. All doors and windows should be securely closed. Individuals should be instructed to move to the center of the structure away from the doors and windows.

An AM radio should be kept operating in the concession stand or maintenance garage during games. This will permit tornado watches and warnings issued by the National Weather Service to be heard, in addition to local sirens.

**Suspended Play/Postponements** – The Buildings & Grounds Director, after consulting with the coaches and umpires associated with the game(s) in question, will make a binding decision regarding suspending or canceling a game(s).

**Concession Stand** – Smoking is prohibited in the concession stand. All food and beverages served to the public should be properly stored at room temperature, chilled or heated. Workers furnishing unwrapped food items to the public must wear protective gloves. Workers handling money should not dispense unwrapped food items, without washing their hands first, or putting on protective gloves. Workers must wash their hands after using the restrooms. Hairnets must be worn in the concession stand when preparing fresh foods. Individuals with communicable diseases are prohibited from working in the concession stand. Only authorized personnel are permitted behind the counter. At least one authorized individual must be in the concession stand at all times during games and tournaments. Foods or beverages that are not approved by the Sun Prairie Little League Board cannot be distributed to the public. An up-to-date Sun Prairie Little League Board Emergency Contacts list must be located in this area.

**Lawn & Maintenance Equipment** – Smoking is prohibited in the maintenance garage. All lawn and maintenance equipment must be stored securely in its designated area when not in use. Keys should not be left in the implements when they are not in use. The maintenance garage must be securely locked after hours. Safety glasses must be worn when operating the weed trimmers. Hard soled shoes should be worn when operating motorized implements. Individuals are not permitted to wear “flip flops,” or sandals when operating motorized implements. Bare feet are not permitted. All gasoline and lubricants must be stored in OSHA-approved containers. An up-to-date Sun Prairie Little League Board Emergency Contacts list must be located in this area.

**Fire Extinguishers** – Properly inspected fire extinguishers must be accessible in the concession stand and the maintenance garage.

**Dumpsters/Garbage Containers** – Children are prohibited from playing around, on, or in dumpsters and garbage containers. Spectators, coaches and players should be encouraged to dispose of all trash in these receptacles. Hazardous waste must not be placed in the dumpsters or garbage containers.

**Fencing** – The Buildings & Grounds Director and umpires should check the fencing daily for sharp surfaces, gaps, etc. Needed repairs are to be performed immediately.

**Batting Cage** – Batting helmets must be worn in the batting cages at all times. The batting cage doors should be securely closed at all times.

**Playing Fields** – Prior to each game, the umpires/coaches will inspect the playing fields for slippery spots, discarded baseballs, rocks, broken glass, gopher holes, etc.

**Bleachers** – The bleachers should be inspected daily during the playing season. Broken bleachers must not be accessible to spectators. Wet bleachers should be wiped off before spectators are permitted to use them. Standing on the bleachers during practices or games is prohibited.

**On-Deck Batters** – On-deck batters must have a batting helmet on. The team at bat is responsible for removing batting helmets, bats, gloves, weights, etc. from the playing field during their turn at bat.

**Bat Boys/Girls** – Bat boys/girls must wear a batting helmet when entering the field of play to remove helmets, bats, gloves, weights, etc.

**Team Equipment** – Every bat, batting helmet, and piece of catching equipment should be inspected to ensure that the equipment conforms to Little League International specifications and is in safe working order prior to each game.

**Uniforms** – Players must wear their official uniforms, including caps and socks, while participating in league or tournament play. Jerseys are to be tucked into pants at all times. Exceptions will not be made for warm weather.

**Shoes** – Metal spiked shoes are prohibited during practices, league play and tournament action.

**Jewelry** – Loose fitting jewelry is prohibited from being worn by any player during practices or games. Necklaces, bracelets and earrings that are shiny or distracting shall not be worn during league or tournament play. Umpires have the authority to order a player to immediately remove these types of jewelry. Players are not permitted to wear watches during practices or games. Earrings should be limited to non-dangling, “studded” styles.

**Dugouts** – Coaches and players are prohibited from holding onto the fencing in front of their dugout. This action exposes their fingers to contact by a batted or thrown ball, as well as by another player. Teams are required to pick up and properly dispose of garbage, playing equipment and clothing from the dugout following the conclusion of their game.

**Warm Up** – Coaches and players must warm up prior to games in the designated areas, behind the dugouts, adjacent to the playing fields, or on the playing fields. Warm up activities are not permitted in the parking lot, or on the grounds near the concession stand, maintenance garage, restrooms or bleachers.

**Break-Away Bases** – All Sun Prairie Little League diamonds are equipped with break-away bases. The four (4) Little League Complex diamonds are also fitted with double first bases.

**Umpires** – Umpires must wear a protective mask with a throat guard, chest protector, shin guards and protective cup when working a practice or game. Protective footwear is optional. “Goalie-style” head protection is recommended.

**Travel** – Only properly licensed and insured adults (eighteen (18) years and older) are permitted to transport coaches and/or players to events outside the City of Sun Prairie. Every coach and player riding in a car, truck or van must wear a seatbelt. The driver and passengers in motorized vehicles must adhere to all applicable Wisconsin Dept. of Transportation regulations regarding the operation and utilization of those vehicles.

**Alcoholic Beverages** – Alcoholic beverages are prohibited on the grounds of any facility operated by the Sun Prairie Little League Board.

**Firearms** – Firearms of any caliber are prohibited on the grounds of any facility operated by the Sun Prairie Little League Board.

**Controlled Substances** – All controlled substances, as defined by the FDA, are prohibited on the grounds of any facility operated by the Sun Prairie Little League Board.

**Dogs, Cats & Other Pets** – Pets are not permitted on the grounds of any facility operated by the Sun Prairie Little League Board.

**Spectators** – Agitated, belligerent, profane or boorish spectators should be asked to modify their behavior by a member of the Sun Prairie Little League Board, or its designees. Spectators, who continue to display such behavior, will be politely, but firmly, asked to vacate the grounds. Spectators, who refuse to do so, will receive attention from the Sun Prairie Police Department. Spectators are not permitted to hold onto the fencing surrounding the playing fields during game action. This exposes their fingers to danger.

**Documented Safety Program** – Copies of the Sun Prairie Little League Safety Program will be published and made available to Little League International, members of the Sun Prairie Little League Board, District 4 Administrator, coaches, umpires, field/maintenance employees and concession stand workers.

**Little League Facility Survey** - The Little League International Facility Survey will be completed and sent to Little League International prior to each season.

**Pitch Counts** – Pitch count and mandatory rest regulations set forth by Little League International are enforced during all Minor, Major and Senior League baseball games. These regulations may be waived during Cardinal Classic tournament play.

**Breaking Pitches** – Curveballs, sliders, screwballs and any other pitches that spin clockwise or counterclockwise are not permitted during Minor and Major League baseball games, as well as during Cardinal Classic competition. This rule has been adopted by the Sun Prairie Little League Board and does not conform to Little League International's rules regarding illegal pitches.